

March classes filling up
fast! Pre-register today!

TEXT KARLA: 727.421.6808

IN-STUDIO Small Group
Aerial Yoga and Hatha Yoga

Tues 3:30 p.m. Hatha Yoga

Tues 5:45 p.m. Aerial Yoga

Thurs 6:15 p.m. Aerial - All levels

Sat 9:00 a.m. Aerial - All levels

OUTDOOR City Employees Yoga

Tues & Thurs 12-12:30 p.m.

OTHER OPTIONS

Thurs 9:30 a.m. Azalea Rec

Zoom Private Classes